

BOOK 04





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# Presentation

**4Teens** is the English collection of Editora Viena elaborated especially for teenagers from the digital age.

With authentic texts and events situations, Editora Viena respects the potentialities, interests and needs of students of this age group, in particular the key role that technology plays in their lives.

Through a technological theme and based on the daily routine of the students, the collection acts as a facilitator of access and information sharing, and it brings a series of digital and social components that help the student to consolidate the studied content. Moreover it supports the teacher in the personalized monitoring of students' progress.

In this way, it aims to develop the four necessary skills and competences to enhance and complete learning in the English language.

**The authors**



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# 1

# Shopping at the mall



Vacation is a time to spend the hours doing what you really like to do. Listen to what people like to shop for or to do at the mall.

**Frank:** I must say that I have a lot of fun when I go to the local mall. It is not a huge place, but it is good enough for a special needs person in a wheelchair like me. I have all the comforts to access the stores; the sellers give me attention and take good care of me. Because I can't take the escalator, I take the elevators to take me to the other floors. When I go to the mall, I love to buy CDs, DVDs, clothes, and tennis shoes. It is awesome.

**Kate:** Lucy and I have been to the mall to buy some makeup. Of course we want to keep our appearance, beautify and promote our attractiveness. We have bought skin care products, exfoliators, toners, cleansers, moisturizers, and of course, lots and lots of makeup.

**Lucy:** Don't forget we have bought some fancy clothes. I bought a very nice dress, high heel shoes, and a shirt to go to the dance club.

**Timothy:** Girls think only about their personal appearance. But, if it makes them happy... what should I say? I've been to the mall and I bought a new book and a new software to help me with research. I also window shopped.

**Ethan:** I must say the same. I bought books and a game. I spent some time playing video games. I need to be more creative trying to find something to do outdoors.



# Vocabulary



Cleanser

Elevator

**Escalator**

Exfoliator

Fancy

**Makeup**

Moisturizer

**Outdoors**



## Verbs



To access .....

To beautify .....

To cleanse .....

To moisturize .....

To promote .....

To take care .....

## Miscellaneous – Expressions



Awesome

Attractiveness

Skin care

High heels

Wheelchair

Window shopping





# Grammar – Review the Present Perfect

## HAVE – HAS + PAST PARTICIPLE (verb)

<b>Has</b>	He .. she .. it	<b>Have</b>	I .. you .. we .. they
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**Use:** We use the present perfect to talk about a situation that started in the past and hasn't finished yet. It is also used to express an action or state.

**Since and for are used to talk about periods of time.**

or how long an activity has been in progress.

**For:** **For five minutes, for a month, for a year, etc.**

*Examples: I **have studied** English **for** four years.*

**Since:** Since 7:30 a.m., since last month, since last year, etc.

If the period is not mentioned it means that the action has ended.

*Examples: He **hasn't seen** his grandparents **since** last summer vacation.*

*I **have studied** in this school **since** last year.*

*He **has worked** for that company **for** ten years.*

**Interrogative form:**

***Have** you **studied** the lesson?*

***Has** she **traveled** to another country?*

**Negative form:**

*They **have not gone** to school yet.*

*She **has not studied** for the test.*



**Already:** It means that the action happened before you expected it to occur or **it is completed by now.**

**Yet:** **It means until now.**

The action has not happened up to point it is mentioned.

**Just:** **It means a short time ago.** When the period is not mentioned the sentence expresses an action in the past.

*Examples: We **haven't studied** for the test **yet**.*

*I **have already studied** for my English test.*

*She **has just worked** a lot recently.*

### NOTE:

**Since:** We use to say that starting point in the timeline of certain action is still underway.

*Examples: I've been working here **since** six o'clock, and I'm getting tired.*

**For:** Used to indicate how long we've been or were doing something.

*Examples: I've **studied** English **for** six years.*

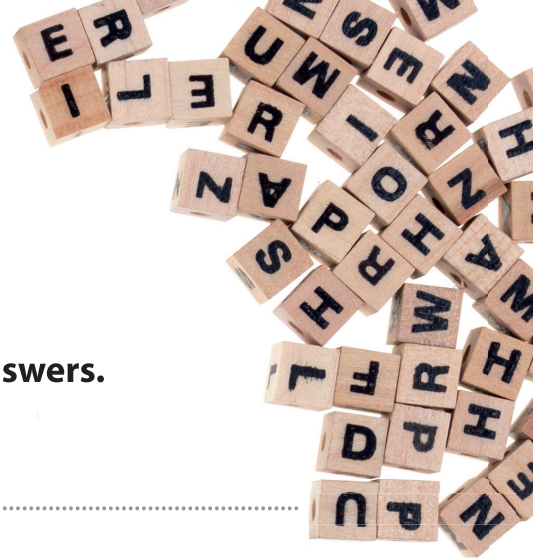
**Still:** It means when the action is happening and didn't change.

*Examples: I am **still** waiting.*





## Exercises



1.

**Read the dialogue in the beginning of the lesson again and answer the questions. Give complete answers.**

**a**

What has happened to the characters?

.....

**b**

Where has Frank been to?

.....

**c**

What has Frank done at the mall?

.....

**d**

Has Frank faced any difficulties while going to the mall?

.....

**e**

What facilities has he been able to have there?

.....

**f**

What products does Frank like to buy when he goes to the mall?

.....

**g**

Where have Kate, Lucy and Timothy been while they were on vacation?

.....

**h**

What have Kate and Lucy said about their appearance?

.....

**i**

What have Kate and Lucy bought?

.....

**j**

Why has Lucy bought fancy clothes?

.....

**k**

What is window shopping?

.....





## HUMAN BEAUTY: HOW MUCH IS BEAUTY WORTH?



Money spent on cosmetics, cosmetic surgery and non-surgical procedures is increasing drastically among women and girls. These people can not escape being judged on the basis of their appearance. As a result, many women feel insecure, overweight, and inadequate, as these beauty images apply to their satisfaction and well-being. Moreover, the diet, cosmetic and fashion industries are often too willing to exploit these narrow beauty standards, so women and girls become from cradle-to-grave consumers of beauty products, cosmetic surgery and diet programs. The issue is not new, but the extent to which it is invading the lives of younger girls and women, and the lengths to which women will go to achieve an unattainable look, is an increasing problem. The pressure to achieve unrealistic physical beauty is an undercurrent in the lives of all women in the world. These procedures far exceed the bounds of themselves. It goes beyond beauty. It is a terrible toll in area of women's lives, from economic well-being to health, health risks, interpersonal relationships, behavior, eating disorders, such as anorexia or bulimia, and much more.

### Answer the questions about the text:

- a** How much money is spent on beauty?  
.....  
.....
- b** Why are women and girls so worried about their physical appearance nowadays?  
.....  
.....
- c** What are the results from being so worried about appearance?  
.....  
.....
- d** Who exploits such standards?  
.....  
.....
- e** What are the problems caused by the willing of being so attractive?  
.....  
.....
- f** What have such procedures caused to women's lives?  
.....  
.....

## 2. Complete the dialogue.

By myself •• bookstore •• have you paid? •• with my credit card •• novel book ••  
A lot of clothes •• \$75,00 •• have you bought •• in cash •• have you been

### Dialogue A

**A.** What did you buy at the mall yesterday?

**B.** .....

**A.** How much did you spend?

**B.** .....

**A.** How did you pay for the clothes?

**B.** I paid .....

**A.** Did you go to the mall alone?

**B.** I went .....

### Dialogue B

**A.** Where ..... ?

**B.** I have been to a .....

**A.** What ..... ?

**B.** I have bought a .....

**A.** How ..... ?

**B.** I paid .....



## 3. Answer the questions and then ask a friend:

Questions	YOU	YOUR FRIEND
You receive some money from your grandparents. How do you spend it?		
You go to the mall. What do you usually buy?		
You go out with your friends. How much money do you take on you?		
Do you usually pay things for your friends?		
You walk past your favorite store. It is open. What do you do?		
Do you usually take a snack to school or you buy it there?		
How much money do you usually save when you receive your monthly allowance?		
What shouldn't you spend money on?		

### CONSUMERISM

the belief that it is good for a country if people buy and use a lot of goods and services.



### DARK POOL

a method of financial trading in which share prices are hidden and not openly available to the public.

## 4. Buy Nothing Day and environment.



Listen to the text and answer the questions.

### Where did Buy Nothing Day come from?

Buy Nothing Day was started by Adbusters in the early 90's and has grown into an international event celebrated all over the world.

### What is Buy Nothing Day all about?

Buy Nothing Day is a simple idea, which challenges consumer culture by asking us to switch off from shopping for one day. It's a global stand off from consumerism. It's celebrated as a holiday by some people, and as a street party by others! Anyone can take part provided they spend the day without spending!

### What about the environment?

This is a big issue for consumers who are constantly forced to buy unnecessary packaging waste that the big stores and supermarkets produce. Much of this waste is passed to the consumers who have no choice at the moment of the of purchase. Super-brands are the worst offenders offloading tones of pointless packaging onto consumers, who are then trusted to recycle it. The challenge to supermarkets and big stores is to remove unnecessary packaging from their stores. The raw materials and production methods that are used to make so many of our goods have harmful side effects such as toxic waste, destruction of wildlife, and wasted energy. The transport of food by air also contributes to pollution especially when much of the food can be produced near the consumers.

Buy Nothing Day	
It was started	
Celebration	
Shopping	
Packaging	
Recycling	
Raw materials	
Food transportation	

## What can we achieve by challenging ourselves to a Buy Nothing Day?

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

### 5. Make sentences with the words below:

Consumerism	
Switch off	
Challenge	
Waste	
Harmful	
Wildlife	
Purchase	
Goods	

## Listening and Comprehension



Answer the questions you hear:

1

2

3

4

5